## EUROPEAN CONTACT LENS SOCIETY OF OPHTHALMOLOGISTS



**ECLSO NEWSLETTER: July 2023** 

Dear Friends of ECLSO, dear Colleagues, welcome to the July 2023 edition of the ECLSO Newsletter.

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**EDITORIAL** 

ECLSO has the pleasure to introduce a new approach to the communication with their members in a sort of Newsletter 2.0.

At first we were thinking about using AI and CHATGPT to write the Newsletter, so as to give it a beautiful wrapping and a completely state of the art phrasing. On second thoughts we realised ophthalmologists and eye care professionals are very smart academicians, who would immediately unmask our beautiful wording as fake.

So we decided to let content prevail over wrapping. As to the content, we have a major question: what do you, ECLSO members, eye care professionals, expect from ECLSO and their role in the general context of scientific ophthalmological meetings? Do you still read Newsletters, or do you prefer Instagram, LinkedIn or other social media interaction? Please give your opinions and send them to our secretariat.

Please send in your opinions!

We are open for change. As we have proved over the decades ECLSO already is in charge. Beginning as a general platform for medical doctors adapting contact lenses, ECLSO has focused on medical applications of contact lenses, ocular surface disease, myopia management and contact lenses, presbyopia and scleral lenses to culminate its mission in creating a platform defending contactology as an integral and inherent part of medical ophthalmology. Please send in your opinions and/or your reactions to this new approach in the Newsletter - maybe refer to interesting articles in ophthalmological publications, if necessary in one-liners, to <u>louise@healthology.eu</u>, or put them on our social media platforms.

Message from Dr Dean Saric Message from Dr Dean Saric, National Representative of Croatia, highlighting the following advice from the Vision Council USA:

"Summer is here, wear UV block contact lenses for additional protection of Your Eyes...

If due to your lifestyle you spend much time outdoors consider wearing contact lenses with UV filters. Ask your ophthalmologist about that.

For years, people have associated sun exposure with the effects it has on their skin, but it's time you widen our field of vision to bring eye health into perspective... If the average U.S adult spent just 30 minutes wearing a pair of sunglasses with adequate UV protection during the day, their eyes would gain nearly 183 hours of UV-free time over the course of a year. This protection is key to slowing the acceleration of serious eye diseases that everyone may face if they don't take UV eye protection seriously. "

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## Past Symposium during SOE in Prague





On June 17th 2023 ECLSO organised a very successful Symposium during SOE in Prague. The theme was "Everything an

ophthalmologist needs to know about contact lenses". Our five ECLSO speakers drew a full room of over 120 participants, proving that our key topics about myopia management, specialty contact lenses and a comparative analysis of results of refractive surgery and contact lenses are still much appreciated. A word of thanks to the speakers and also to the SOE management for enabling ECLSO to hold the Symposium.

The ECLSO Statutory Meetings were held in Prague as well.

Since the terms of office of the President, the two Vice-Presidents and the two Auditors are expiring in 2023, the ECLSO General Assembly unanimously confirmed the re-election of Prof dr Carina Koppen as President, Prof dr Adriana Stanila and Miss Andrena McElvanney as Vice-Presidents and Dr Valentina Dimitrijevic Milovanovic as Auditor. Dr Dean Saric (Croatia) is elected to the function of Auditor as well. Congratulations!

Save the dates

ANNOUNCING THE 2024 ECLSO CONGRESS



ECLSO plans a full-scale Congress in Turkey, Istanbul, on April 26th and 27th, 2024.

Location: Hilton Hotel
Bomonti, Istanbul.
KEEP THE DATES
FREE !!!



TOPICS: Presbyopia contact lenses and correction, Impact of lifestyle in dry eye and contact lens comfort, Myopia Management, Scleral contact lenses.

A Symposium by the Turkish Ophthalmological Association and a Kersley Lecture will be organised, as well as the attribution of the Fick-Kalt-Müller Medal for outstanding scientific research into medical use of contact lenses and/or ocular surface pathology.

## ECLSO meeting contributions in 2023



- Annual Meeting of the Romanian Contact Lens Society, 3 5 November 2023 in Sibiu, Romania.
- National Meeting of the Turkish Ophthalmological Association, 8 12 November 2023, Antalya, Turkey.
- Meeting of the Medical and Contact Lens Ocular Surface Association (MCLOSA), 1 December 2023, London, United Kingdom.
- Annual Congress of the Romanian Contact Lens and Ocular Surface Society, Sibiu, Romania. November 2nd - 4th, 2023 - Organised by Prof dr A. Stanila.

ECLSO will keep you informed of our events through our website, on Instagram and LinkedIn. Feel free to contact us with questions and answers @ louise@healthologu.eu.

Trigger question:

Why will you/will you not attend the ECLSO major Congress in Istanbul (Turkey) on April 26th-27th 2024?

We hope you enjoyed reading the ECLSO Newsletter.

Best wishes,



**ECLSO President** 



Ömür Uçakhan-Gündüz **ECLSO Secretary-General** 





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